

THE CONTRIBUTOR

Say hello to the latest opportunities to have your say and get involved with your local NHS

Be heard, shape your NHS

#LincsTogether 💙

This week's hot topic

There is still time to have your say on the future of Lincolnshire's Nuclear Medicines service



United Lincolnshire Hospitals NHS Trust is currently running a 14 week public consultation into the future of its nuclear medicine service.

The service has long faced challenges around staffing, aging equipment and sustainability, and therefore it has been deemed unsustainable in its current format.

The consultation has been launched on identified options to reduce the number of hospital sites that the service could be delivered from in future. These options have been developed by hospital clinicians and shaped by patient representatives. The options are:

- Option 1: Centralisation of the service at Lincoln
- Option 2: Centralisation of the service at two sites Lincoln and Pilgrim

The public consultation runs until Monday 6 June 2022.

Staff, patients and the public of Lincolnshire are invited to give their views as part of this consultation, ahead of a decision being made about the future of the service later this year. Feedback can be provided in the following ways:

- Fill in our survey
- •Come along to one of our in-person events. Please click one of the links below in order to book your place on, one of these events. Places must be booked in advance:
 - Grantham: Monday 23 May 11am to 12pm.
 - Skegness: Tuesday 31 May 10am to 11am.
- Invite us to one of your meetings to discuss the service, by emailing <u>communications@ulh.nhs.uk</u>

For more information, please visit - <u>Nuclear Medicine Consultation - United Lincolnshire</u> <u>Hospitals (ulh.nhs.uk)</u>

Community Diagnostic Centres in LincoInshire



Feedback on Community Diagnostic Centre 2 (CDC)

The NHS in Lincolnshire is currently working on the delivery of Community Diagnostic Centres (CDCs) across Lincolnshire. We are committed to engaging as widely as possible and in particular ensuring that members of the public are aware of future plans for the development of community diagnostic centres (CDC) in Lincolnshire and given the opportunity to help shape these. We have previously engaged on what is important to the public in delivering diagnostic services and this feedback informed the development of our first CDC in Grantham which has recently opened and started treating patients. **We are now asking for your views on our next phase of CDCs.**

Please tell us your views by completing this survey

Community Diagnostic Centres Patient Experience Survey

Have you recently attended a diagnostic appointment in Lincolnshire?

We are currently exploring how future diagnostic services could be delivered across Lincolnshire and are seeking your views and experiences. In particular we want to gather feedback on your experiences of the service you received and what changes you would like to see in the future. Please complete this survey and share your experiences with us.

Complete the survey

If you would like either of these surveys in an alternative format, or would like help in completing the forms, please email the Engagement Team at lccg.involveus@nhs.net

LPFT Mental Health Older People & Frailty Engagement Event

Mental Health Older People & Frailty "Cuppa & Conversation" Engagement Event Wednesday 13th July, The Venue, Navenby, Lincoln, LN5 0JJ

We would like you invite you to join us for a Cuppa & Conversation on Wednesday 13th July at The Venue in Navenby.

You will be able to talk with our Older People & Frailty services and other providers about what services we offer, new services and how you can get involved and have a say in our services.

We have invited other stakeholders and community groups to join us at this event as stall holders for you to talk to and receive information on what is available for you in your communities.

The event will be a 'drop-in' for patients, carers, families, public and people with an interest in mental health older adult services to join us from 10.30am to 1.00pm or from 1.30pm to 4.00pm.

If you would be interested in joining us on the 13th July and would like to register your attendance or wish to find out more about the event please contact us on lpft.involvement@nhs.net

Dementia Action Week 16th-22nd May 2022

Worried about memory problems? Everybody forgets things from time to time. But if you are noticing problems with your memory, or the memory of someone close to you, it's important to speak to a GP. <u>https://lincolnshireccg.nhs.uk/your-health-and-services/dementia</u>

If you're worried about your memory the first thing you should do is speak to your doctor. It's important to find out the reason for the problems as there may be treatment or support available to you that can help.

It may not be anything to worry about, but it's always better to get these things checked out. The earlier you see your GP the earlier you can get a diagnosis and the help and support you need. <u>https://lincolnshireccg.nhs.uk/your-health-and-services/dementia</u>

This Dementia Action Week, we are encouraging everyone to take five minutes and find out more about dementia - the different types of diagnosis, signs & symptoms, and the support available. Visit <u>https://www.alzheimers.org.uk/about-dementia/five-things-you-should-know-about-dementia</u> to get started with five things you should know about dementia. Although getting older is the biggest risk factor for dementia, evidence shows there are things you can do to help reduce your own risk. These include keeping active, eating healthily and exercising your mind. <u>https://lincolnshireccg.nhs.uk/your-health-and-services/dementia/dementia-prevention-and-risk-factors</u>

If you or a family member has been diagnosed with dementia, we can help you get the support you need. The Dementia Support Service is provided by the Lincolnshire Partnership Foundation Trust (LPFT).

The service gives you access to a support worker who will provide guidance and advice throughout all stages of your dementia journey.

It also accepts referrals from the public and professionals in health and social care (eg. GP's)... <u>https://lincolnshireccg.nhs.uk/your-health-and-services/dementia/dementia-support</u>

Partner Activities and Events

Age UK Lindsey – Current opportunities

Please visit Age UK Lindsey | Job Opportunities for more information

For Men... 'The Art of Everyday life'

3 week course, open and free for adult males. 17th, 24th and 31st May, 10am-11.45am, Alford War Memorial Hall. All materials provided. Booking required, please contact <u>ali.art@tiscali.co.uk</u>

Healthwatch Lincs – Volunteer and Membership Officer Opportunity

Please visit <u>HWLincs is looking for its next Volunteer and Membership Officer – could that</u> <u>be you? | Healthwatch Lincolnshire</u> for more information.

IT Awareness Drop In

Wednesdays, 10am-12pm at The Trinity Centre, Eastgate, Louth, LN11 8DJ. Contact email: <u>Greg.gilbert@teamparishoflouth.org.uk</u> phone: 01507 605803

Stop Loan Sharks Community Funding 2022-23

The aim of this funding is to give groups the opportunity to raise awareness of the issue, in their community in a different way. There are some links you might find useful: Website: www.stoploansharks.co.uk

Free lesson plans <u>www.birmingham.gov.uk/stoploansharks</u>

View our films on: http://www.youtube.com/user/StopLoanSharks

For more information contact Vinnie.Jarman@birmingham.gov.uk

NHS Lincolnshire Wheelchair Service Newsletter

Please find the latest NHS Lincolnshire Wheelchair Service Newsletter by clicking here - <u>https://lincolnshire.wheelchair.services/newsletter-april-2022/</u>

Sports England Together Fund

For information about the funding, eligibility, deadlines and application form visit: <u>https://www.activelincolnshire.com/get-involved/funding/together-fund</u>

Or contact Ian Brown, at Active Lincolnshire for a discussion, email:

ian.brown@activelincolnshire.com phone: 07903 266224

Covid 'pop up' clinics

The vaccination teams will be running the following pop-up walk-in sessions:

Thursday 19th May at Johnson Community Hospital (Blood Clinic), Spalding Road, Pinchbeck, Spalding PE11 3DT, between 4pm and 7pm for 5-11 year-olds only.

Thursday 19th May at Tesco, Water Mill Road, Horncastle LN9 5DR, between 10.30am and 3.30pm for spring boosters for people aged 75 and over plus vaccinations for anyone eligible aged 18 and over.

Friday 20th May at Darby and Joan Hall, Bourne PE10 9LY, between 9am and 5pm for spring boosters for people aged 75 and over, plus vaccinations for anyone eligible aged 16 and over, and between 3.30pm and 5pm for 5-11 year-olds and 12-15 year olds.

Saturday 21st May at Nettleham Village Hall, Brookfield Avenue, Nettleham, Lincoln LN2 2SS, between 10am and 1pm for spring boosters for people aged 75 and over plus vaccinations for anyone eligible aged 16 and over, and between 1.30pm and 4pm for 12-15 year-olds.

Sunday 22nd May at Ruston Sports and Social Club, Newark Road, Lincoln LN6 8RN, between 10.30am and 4pm for 5-11 year-olds only.

For further details please visit - <u>Coronavirus (Covid-19) vaccinations in Lincolnshire -</u> <u>Lincolnshire CCG</u>

Covid booster and Flu vaccinations available for those who are eligible

Booster Vaccines

If you're eligible, you can pre-book your COVID-19 booster appointment. Book or manage a booster dose of the coronavirus (COVID-19) vaccine at http://ow.ly/LtuE50GLero

Flu Vaccines

Many adults, most children and all pregnant women are eligible for a free flu vaccine. Find out who is eligible and where you can get the flu vaccine at www.nhs.uk/wintervaccinations

Get involved with surrounding CCGs

If you live on the border of Lincolnshire, you may access some of your healthcare outside the county

If you want to be involved and have you say regarding health and care services outside of Lincolnshire, follow the below link:

Get Involved with surrounding CCGs – Lincolnshire CCG

Hot off the press

Lincolnshire's first Community Diagnostic Centre formally opened - Lincolnshire CCG Gifts for brave young patients having to attend hospital :: Lincolnshire Community Health Services NHS Trust Nursing development at LCHS :: Lincolnshire Community Health Services NHS Trust International Nurses' Day 2022 :: Lincolnshire Community Health Services NHS Trust Involvement opportunity - Mental Health Trauma Informed Involvement Group :: Lincolnshire Partnership NHS Trust (lpft.nhs.uk) Welcome to our new international recruits :: Lincolnshire Partnership NHS Trust (lpft.nhs.uk) Lincolnshire's hospitals want to work with carers to improve dementia care - United Lincolnshire Hospitals (ulh.nhs.uk) Non-executive directors and associate non-executive vacancies - United Lincolnshire Hospitals (ulh.nhs.uk)

Stay connected – follow us on social media!

- @NHSLincsCCG
- <u>@NHSLincsCCG</u>
- www.lincolnshireccg.nhs.uk

To contact Lincolnshire CCGs Engagement Team direct you can also email <u>lccg.involveus@nhs.net</u>