



The Contributor

Say hello to the latest opportunities to have your say and get involved with your local NHS

This weeks hot topic!

Invite to ULHT Annual Public Meeting

United Lincolnshire Hospitals NHS Trust will be holding a virtual Annual Public Meeting (APM) on Monday 19 September 2022 from 10am until 11am.

You will be able to find out more about the work of United Lincolnshire Hospitals NHS Trust, and the challenges and achievements during 2021/2022. There will also be a chance to ask questions of the Trust's leadership.

You can join the event from anywhere, on any device – PC, smartphone or tablet -using a Chrome or Edge browser or through the Microsoft Teams app.

[You can access the Annual Public Meeting by following this link on the day.](#)

You can submit a question in advance by emailing Jayne.warner@ulh.nhs.uk or you can ask questions live during the APM using the Q&A facility on the event.

Questions should be in relation to the content of the ULHT Annual Report or accounts for 2021/2022, or other matters discussed at the meeting.

[For more information, please see the Trust's APM web page.](#)

Everyone's attendance will be warmly welcomed.



Have your say!

See our current surveys

If you would like any of the below surveys in an alternative format, or would like help in completing the forms, please email the Engagement Team at licb.involveus@nhs.net

- **EXPERIENCES OF USING NHS SERVICES**

Have you or someone you cared for recently used NHS services?

We would like to hear from patients and groups from all communities, towns and villages across Lincolnshire to help us understand your experiences in using NHS services. [Complete the survey](#)

- **BEREAVEMENT SUPPORT SERVICE**

If you have lost someone close to you to suicide, we would like to hear from you about the type of support you need (or still need). This will help us to develop a new service to support people at these difficult times. [Complete this survey](#)

- **COMMUNITY DIAGNOSTIC CENTRES PATIENT EXPERIENCE SURVEY**

We are currently exploring how future diagnostic services could be delivered across Lincolnshire and are seeking your views and experiences. In particular we want to gather feedback on your experiences of the service you received and what changes you would like to see in the future.

Tell us about your experience if you have attended one of the following services: MRI, X-Ray, CT scan, Blood tests, Blood pressure monitoring, ECG, Echocardiogram or Non-Obstetric Ultrasound.

[Complete the survey](#)

- **FEEDBACK REGARDING YOU AND YOUR FAMILY'S EXPERIENCES OF MATERNITY CARE DURING THE COVID-19 PANDEMIC**

The Maternity Voices Partnership would like to gather feedback regarding you and your family's experiences during the COVID-19 pandemic. In particular what information and support you have found the most useful and has helped you the most over this difficult period and any improvements you feel could have been made. We are committed to listening to service user feedback and this information will help shape and drive improvements for families living in Lincolnshire.

[Complete our online survey](#)

Hard copies of the survey are available on request by telephoning 07814 226996.

Please complete the survey by 23 September 2022.

GET INVOLVED



Partner activities and events

Good Causes Invited to Launch of South & East Lincolnshire Community Lottery

Good causes of all shapes and sizes are being encouraged to attend the virtual launch event of South & East Lincolnshire Community Lottery for their chance to get a slice of the ticket proceeds.

A generous 60% of the ticket proceeds from South & East Lincolnshire Community Lottery will go to charities, voluntary organisations and other not-for-profit groups with the remainder being put towards prizes, operating costs and VAT.

If you are involved with a good cause that would like to find out more about fundraising with South & East Lincolnshire Community Lottery you can register for the virtual Good Cause Launch Event here: [South & East Lincolnshire Community Lottery - Good Cause Launch Tickets, Tue 27 Sep 2022 at 12:00 | Eventbrite](#)

Lincolnshire Parent Carer Forum (LPCF)

LPCF is specifically tasked with working alongside the Local Authority and Health to help ensure that the services they plan, commission, deliver and monitor meet the needs of children with Disabilities and Special Educational Needs.

Please see our [September newsletter](#) for more information or visit our [website](#)

everyone ACTIVE

everyone ACTIVE delighted to be working with the Lincolnshire Recovery College, LPFT. On Thursday 13th October they will be bringing back face to face learning at West Lindsey Leisure Centre.

The top two workshops that were requested by our poll were;

- Let's talk about it – Stress
- Growing our self-compassion

Please select the link [Recovery College \(lpft.nhs.uk\)](https://lpft.nhs.uk) for further details on these workshops and how to register.



Partner activities and events

Did you know that people across Lincolnshire can benefit from Digital Health services?

HWLincs and Healthwatch Lincolnshire are working with NHS Lincolnshire to make you aware of digital health services that may be available to you at your local GP surgery.

Digital Health services are available across Lincolnshire. These are typically GP online services, similar to other online services, which provide a quick and easy platform to access medical records, order repeat prescriptions and make or cancel appointments from anywhere and at any time. They can also be used as a messaging system to your surgery during surgery opening hours.

These GP online services can be helpful if you want to reduce phone calls and/or travel to the surgery, and when you are juggling a busy life. They are accessible on smartphones, laptops and tablets, and are safe and secure, so that you have peace of mind that your data is protected.

Check out our animated video on our Digi Health web page, which explains clearly what GP online services are. You will also find useful downloadable fact sheets and further information on how to use GP online services safely and correctly, making the most of their benefits.

Access the Digi Health webpage here: <https://www.hwlincs.co.uk/digi-health/>

Patient & Public Engagement—Children & Young People Mental Health Services – crisis support and management

The NHS, via the East Midlands Academic Health Science Network (<https://emahsn.org.uk/>), are keen to explore if and how we could use different types of digital technology (apps, devices, software, for example) to support children and young people in crisis with their mental health, helping them, their parents and carers and hospital staff working with them.

- Are you 18 -24 years of age?
- As a child or young person, did you experienced having poor mental health which may have resulted in attendance and/or a stay in hospital, or are a parent or carer of someone that did?
- Do you feel comfortable in sharing some of your experience(s)?
- Do you think the use of digital technology could help?

If you've answered yes to all the above, we'd like to speak to you.

If you are interested, please email phillip.stimpson@nottingham.ac.uk to arrange a one-to-one conversation, which will last no more than 20 minutes. This can be on the telephone, in person or via ZOOM or Microsoft video communication software such as ZOOM or Microsoft Teams ... to suit you!

By way of a thank you, all participants will be provided with a £10 voucher.



Covid and Flu Vaccinations

Lincolnshire pop-up vaccination clinics

For further details please visit - [Coronavirus \(Covid-19\) vaccinations in Lincolnshire](#)

Booster Vaccines

If you're eligible, you can pre-book your COVID-19 booster appointment. Book or manage a booster dose of the coronavirus (COVID-19) vaccine at <http://ow.ly/LtuE50GLero>

Flu Vaccines

Many adults, most children and all pregnant women are eligible for a free flu vaccine. Find out who is eligible and where you can get the flu vaccine at www.nhs.uk/wintervaccinations

Hot off the press

[Know Your Numbers on blood pressure - Lincolnshire ICB](#)

[Annual Public Meeting - Lincolnshire ICB](#)

[Lincolnshire ICB announces new provider to run The Sidings Medical Practice, Boston - Lincolnshire ICB](#)

[NHS in Lincolnshire poised to begin offering covid autumn booster vaccinations - Lincolnshire ICB](#)

[Meres Vaccination Centre makes appeal for volunteers - Lincolnshire ICB](#)

[Last chance to nominate your NHS community heroes :: Lincolnshire Community Health Services NHS Trust](#)

[Two opportunities to ask questions to your local community NHS Trust :: Lincolnshire Community Health Services NHS Trust](#)

[LPFT appoints Ian Orrell as Non-Executive Director :: Lincolnshire Partnership NHS Trust](#)

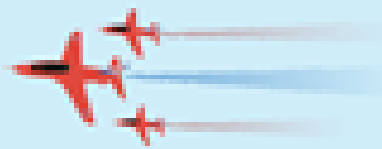
[Two more community digital kiosks launched in Lincolnshire to improve access to local health and wellbeing information :: Lincolnshire Partnership NHS Trust \(lpft.nhs.uk\)](#)

[Local NHS Trust announces continuation of children's grief and loss support :: Lincolnshire Partnership NHS Trust \(lpft.nhs.uk\)](#)

[Final approval granted for the transformation of Pilgrim hospital's Emergency Department - United Lincolnshire Hospitals \(ulh.nhs.uk\)](#)

[Hospital restaurants reopen to the public - United Lincolnshire Hospitals \(ulh.nhs.uk\)](#)

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