



# The Contributor

**Say hello to the latest opportunities to have your say  
and get involved with your local NHS**

**This weeks hot topic!**

## **Mental Health Older People & Frailty “Cuppa & Conversation” Engagement Event**

**Thursday 13th October, between 9.30am & 1pm, New Life Centre, Mareham Lane, Sleaford, NG34 7JP**

You will be able to talk with our Older People & Frailty services and other providers about what services we offer, new services and how you can get involved and have a say in our services.

The event will be a ‘drop-in’ for patients, carers, families, public and people with an interest in mental health older adult services to join us from 9.30am to 1.00pm.

We will also be holding some workshop sessions to provide more information on the following:-

- 10.00am Support for carers’ wellbeing
- 11.00am Mental Health wellbeing workshop
- 12.00 noon Dementia Friends training workshop

If you would be interested in joining us or wish to find out more about the event please contact us on [lpft.involvement@nhs.net](mailto:lpft.involvement@nhs.net)



## Have your say!

### See our current surveys

If you would like any of the below surveys in an alternative format, or would like help in completing the forms, please email the Engagement Team at [licb.involveus@nhs.net](mailto:licb.involveus@nhs.net)

- **SPALDING GP SURGERY CONSULTATION**

Patients at a GP surgery in Spalding are being informed they will be automatically registered at an alternative GP surgery as early as October this year as part of plans to transform services in the area. To have your say, [patients can complete an online survey](#) (or collect a paper copy from the surgery).

Patients are also being invited to attend one of three drop-in events where they can talk to a member of the NHS team about the process.

[Please visit our consultation page for further details on how you can get involved.](#)

If patients would like more information in general about the proposals or to request information in alternative formats, please contact the Patient Advice and Liaison Service (PALS) by telephone on 0300 123 9553 or by email at [LHNT.LincsPALS@nhs.net](mailto:LHNT.LincsPALS@nhs.net). The service is open 9am – 5pm Monday to Friday (except Bank Holidays).

- **EXPERIENCES OF USING NHS SERVICES**

Have you or someone you cared for recently used NHS services?

We would like to hear from patients and groups from all communities, towns and villages across Lincolnshire to help us understand your experiences in using NHS services. [Complete the survey](#)

- **BEREAVEMENT SUPPORT SERVICE**

If you have lost someone close to you to suicide, we would like to hear from you about the type of support you need (or still need). This will help us to develop a new service to support people at these difficult times. [Complete this survey](#)

- **COMMUNITY DIAGNOSTIC CENTRES PATIENT EXPERIENCE SURVEY**

We are currently exploring how future diagnostic services could be delivered across Lincolnshire and are seeking your views and experiences. In particular we want to gather feedback on your experiences of the service you received and what changes you would like to see in the future.

Tell us about your experience if you have attended one of the following services: MRI, X-Ray, CT scan, Blood tests, Blood pressure monitoring, ECG, Echocardiogram or Non-Obstetric Ultrasound. [Complete the survey](#)



## Have your say!

### See our current surveys continued

- EXPERIENCES OF MATERNITY CARE DURING THE COVID-19 PANDEMIC**

The Maternity Voices Partnership would like to gather feedback regarding you and your family's experiences during the COVID-19 pandemic. In particular what information and support you have found the most useful and has helped you the most over this difficult period and any improvements you feel could have been made.

We are committed to listening to service user feedback and this information will help shape and drive improvements for families living in Lincolnshire.

[Complete our online survey](#)

- MUSCULOSKELETAL PATHWAY FOR HIP AND KNEE SERVICES**

Help shape the future of these services we are asking service users, families and carers to share your views and experiences.

You can complete this survey on-line via the link below or by telephoning 07814 226996

Or e-mailing your feedback to: [licb.involveus@nhs.net](mailto:licb.involveus@nhs.net)

[https://nhslincolnshire.qualtrics.com/jfe/form/SV\\_01yVVrdqUB2CqPk](https://nhslincolnshire.qualtrics.com/jfe/form/SV_01yVVrdqUB2CqPk)

### Lincolnshire Recovery College Co-production and involvement opportunity

We would love you to be involved in helping the Lincolnshire Recovery College look at our marketing, logo and promotional image.

We are hosting two focus groups as follows:

MS teams – Wednesday 14th September from 6pm to 8pm

Face to face – Thursday 15th September from 10am – 12 noon at New Life centre, 25 Mareham Lane, Sleaford NG34 7JP.

If you would like to join us at either event then please email [lpft.involvement@nhs.net](mailto:lpft.involvement@nhs.net) with your name and contact details and which event you would like to attend.

If you would like to find out more information please click on the link below:

<https://www.lpft.nhs.uk/our-services/adults/recovery-college>



## East Midlands Ambulance Service Patient Voice

What matters to you in your area....you could make a difference!

- ◆ Contribute to better the service we provide
- ◆ Learn more about EMAS, the service we provide, values and vision for the future
- ◆ Visit EMAS locations & infrastructure
- ◆ Meet new people
- ◆ Become an EMAS Ambassador and part of the EMAS family

To find out more, please contact [karen.long@nhs.net](mailto:karen.long@nhs.net)



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## Creating sensory friendly inpatient wards for Autistic people and people with Intellectual Disabilities

We are looking for people with lived experience of autism or an intellectual disability to attend our online focus groups to listen to your views on what sensory improvements could be made to the inpatient wards within Lincolnshire Partnership Foundation Trust (LPFT).

The project aims to provide sensory based equipment for patients to access and sensory informed training for all inpatient staff.

We are looking for people with experience of being an inpatient or are family or carers of someone who has been an inpatient on a mental health ward to provide feedback on your experience to help us make the changes that will benefit people accessing LPFT mental health wards.

We are also looking for people who may be interested in helping produce and deliver the sensory informed training to inpatient staff.

If you would like to more please about this project or would be interested in joining our focus group please email [lpft.involvement@nhs.net](mailto:lpft.involvement@nhs.net) or call 07773 206341

## Family Support Service—Drug and Alcohol Support feedback

Lincolnshire County Council Public Health are recommissioning the treatment and recovery services for Lincolnshire. As part of the recommissioning, we would like to improve the support that is available for families, friends and others who are affected by someone's drug and alcohol use.

We value your views and to help shape the development of a future family support service please complete this short survey so that we can understand what type of support should be offered and how it should be delivered.

The survey will take about 10 minutes to complete and will ask you which services you have accessed and how helpful you found the support.

Please click [here](#) to complete the survey. The closing date is midnight on 11/09/22

If you have any questions about the survey, please email:

[Allison.walker@lincolnshire.gov.uk](mailto:Allison.walker@lincolnshire.gov.uk) or [Sandra.kelley@lincolnshire.gov.uk](mailto:Sandra.kelley@lincolnshire.gov.uk)

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## Partner activities and events

SOCIAL SUPPORT FOR  
WOMEN

*Chatter Cake*



Chatter Cake is an exciting programme put together for women of East Lindsey who care for others, with a goal of helping to boost confidence, improve resilience and create a sense of belonging.

The project aims to reduce feelings of isolation and loneliness and to support women to improve their mental health, reducing risk of breakdown, self-harm, and suicide.

We will help our beneficiaries to build their own support networks with people who share similar interests and understand some of the challenges they face.

All events are free to beneficiaries thanks to funding from Lincolnshire County Council.

For more information or to book a place on any of our events, please contact [Hannah.key@carersfirst.org.uk](mailto:Hannah.key@carersfirst.org.uk) or call on 07391 418586.

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### Children and Young People's Peer Support Worker Role

Do you have lived experience of accessing Children & Young People's Mental Health Services?

Would you like to use this experience to help others?

For further information, please contact Abbie Futter, CAMHS Peers Support & Involvement Lead on 01522 535189 or [abbie.futter@nhs.net](mailto:abbie.futter@nhs.net)



**Victim  
Lincs**

### Victim Lincs

Our vision—Anybody in Lincolnshire who has been the victim of crime receives the support they need, regardless of whether they choose to report the crime to the police or not.

Victim Lincs is a service put in place by the Police and Crime Commissioner as part of their victims strategy. We are here to help ensure that anyone living, working or studying in Lincolnshire gets the support they need if they have been the victim of crime. We are a service that works with victims at its heart. We want victims and survivors to be aware of their rights, have access to support and a say in what that support is.

For further information please visit [Victim Lincs](https://www.victimlincs.org.uk) or call on 01522 947510

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## Covid and Flu Vaccinations

### Lincolnshire pop-up vaccination clinics

For further details please visit - [Coronavirus \(Covid-19\) vaccinations in Lincolnshire](#)

### Booster Vaccines

If you're eligible, you can pre-book your COVID-19 booster appointment. Book or manage a booster dose of the coronavirus (COVID-19) vaccine at <http://ow.ly/LtuE50GLero>

### Flu Vaccines

Many adults, most children and all pregnant women are eligible for a free flu vaccine. Find out who is eligible and where you can get the flu vaccine at [www.nhs.uk/wintervaccinations](http://www.nhs.uk/wintervaccinations)

## Covid autumn booster campaign due to launch next month

The NHS in Lincolnshire is continuing with preparations for the forthcoming autumn booster campaign, which is scheduled to launch next month.

With a plan to start vaccinating in care homes in early September, the autumn booster campaign, which will ultimately offer everyone aged 50 and over a further covid booster vaccination, will then begin to offer vaccinations to people aged 75 and over.

"Just as with previous rounds of the covid vaccination programme, the autumn booster will be offered first to the most vulnerable and/or the oldest members of our population and will then be rolled out down through the age groups over a period of time," explains Julie Humphreys, Head of Clinical Services, NHS Lincolnshire ICB.

"Once you're contacted about your autumn booster, please come forwards and get it as soon as you can. We're expecting to be exceptionally busy again, we also expect numbers of covid cases to increase again in the autumn, so it's very important to get your autumn booster in order to have the maximum protection against covid."

It's also worth noting that it's not too late to get 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> booster doses of the covid vaccination - everyone aged five and over can get two doses of the covid vaccination, with people aged 16 and over able to have two doses and a 3<sup>rd</sup> booster vaccination too.

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## Hot off the press

- [How to stay well when you're on holiday this Summer - Lincolnshire ICB](#)
- [Pharmacists are a parent's best friend this Summer Holiday - Lincolnshire ICB](#)
- [ICB Board Meeting | 27th September 2022 - Lincolnshire ICB](#)
- [United Lincolnshire Hospitals Charity's new public website goes live - United Lincolnshire Hospitals \(ulh.nhs.uk\)](#)
- [Staff Awards shortlist \(ulh.nhs.uk\)](#)
- [Come and join us at the LPFT Annual and Public Members Meeting :: Lincolnshire Partnership NHS Trust](#)
- [LCHS welcomes new medical director :: Lincolnshire Community Health Services NHS Trust](#)
- [LPFT appoints Dr Girish Kunigiri as new Medical Director :: Lincolnshire Partnership NHS Trust](#)

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