

The Contributor

Say hello to the latest opportunities to have your say and get involved with your local NHS

This weeks hot topic!

GP Practices across Lincolnshire to offer Enhanced Access hours, including evenings and Saturday openings

Launched October 2022, GP practices now offer patients a new 'Enhanced Access' model of care, which will see the practices open during the evening weekdays and 9am-5pm on Saturdays.



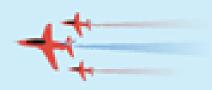
These enhanced access hours aim to simplify the existing models of enhanced hours and access currently in place.

The new model will see routine general practice appointments available at patients' own GP practice, or another local NHS location, on weekday evenings from 6.30pm - 8.00pm and on Saturdays from 9.00am – 5.00pm.

Patients can book appointments at evenings and weekends by contacting their own GP practice.

Appointments will be delivered by multidisciplinary teams, including GPs, nurses, and other healthcare professionals.

Appointments will be available to book 2 weeks in advance, or on the day if there is availability. There will be a choice of ways to access appointments depending on clinical need, including face to face and remote appointments via telephone or online.





hot topic continued...

To book, patients can contact their usual GP practice.

Patients are also asked to contact their practice to cancel their appointment if they are unable to attend.

This is a consistent national access offer to provide routine appointments at evenings and weekends to meet locally determined demand, alongside effective access to out of hours and urgent care services.

Additionally, this provides a solution for patients who may otherwise attend A&E.

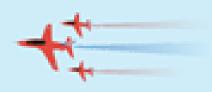
A mix of routine appointments will be available within these additional hours with access, all provided by the existing multidisciplinary teams working in general practice.

Overall, this will enhance primary care access across Lincolnshire while also increasing the level of engagement and participation of all practices working together and closer to other professionals from across the health and social care system.



To book appointments at these times, contact your GP practice.







Have your say!

See our current surveys

If you would like any of the below surveys in an alternative format, or would like help in completing the forms, please email the Engagement Team at licb.involveus@nhs.net

EXPERIENCES OF HOME CARE

Over the past few months, we have been looking at the health services we provide in people's own homes (known as "home care" or "domiciliary care") and we are really keen to understand the thoughts and experiences of those people that receive those services and also want to hear from those that provide those services.

We are asking for your thoughts on the fully funded package of care in own home (Continuing Health Care) and not about the services provided by social services.

Complete the survey

EXPERIENCES OF USING NHS SERVICES

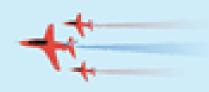
Have you or someone you cared for recently used NHS services?

We would like to hear from patients and groups from all communities, towns and villages across Lincolnshire to help us understand your experiences in using NHS services. **Complete the survey**

COMMUNITY DIAGNOSTIC CENTRES PATIENT EXPERIENCE SURVEY

We are currently exploring how future diagnostic services could be delivered across Lincolnshire and are seeking your views and experiences. In particular we want to gather feedback on your experiences of the service you received and what changes you would like to see in the future.

Tell us about your experience if you have attended one of the following services: MRI, X-Ray, CT scan, Blood tests, Blood pressure monitoring, ECG, Echocardiogram or Non-Obstetric Ultrasound. Complete the survey





Have your say!

Upcoming events

Lincolnshire Integrated Care Board Meeting

Patients and the public are invited to the next meeting of NHS Lincolnshire Integrated Care Board (ICB) which is to be held on 22nd November 9.30am-12.30pm at Bridge House, The Point, Lions Way, Sleaford, NG34 8GG.

The ICB is responsible for the planning and buying of high-quality health services to improve the health of people living in Lincolnshire. These services include planned and emergency hospital care, rehabilitation and most community services.

We welcome patients and the public to these meetings to offer local people a first-hand opportunity to see how we are working to improve health services in Lincolnshire. These are not public meetings in the normal sense, but they are Board meetings held in public. The main difference is that the public are entitled to come along and listen to the Board discussion, but they are not able to take part or ask questions during the formal meeting.

The meeting will also be held virtually as a Live Event on Microsoft Teams and a recording posted on our website after the meeting for those who were unable to attend.

To join the meeting virtually please visit our website and select the meeting link.

Members of the public will be able to submit questions by completing the Board meeting questions proforma and emailing it to <u>julieellis1@nhs.net</u> by 5pm on Monday 21st November.

Questions will be collated and responded to after the Board meeting.

<u>Download Board meeting agenda and papers</u> (all agendas and papers will be published as soon as they are available ahead of the meeting)

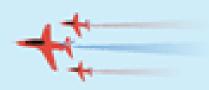
Please join the conversation about our adult mental health wards

We want to provide the highest standard of mental health care across Lincolnshire. We welcome patients/ service users, carers and the public to join us in a conversation about our current adult mental health wards and the impact of the temporary closure of our psychiatric intensive care services.

Please join us at one of our 4 engagement events:-

- Wednesday 23rd November, 10am to 12pm Alive Church, 22 Newland, LINCOLN, LN1 1XD
- Thursday 1st December, 2pm to 4pm Jubilee Life Church Centre, 5 London Road, GRANTHAM, NG34 6FY
- Wednesday 6th December, 2pm to 4pm Jakemans Community Stadium, Boston Football Club, Pilgrim Way, Wyberton, BOSTON, PE21 7NE
- Wednesday 14th December, 3pm to 4.30pm Virtual via MS Teams

If you would like to book a place at one of the above events or would like further information on the events, please contact the Participation Team on lpft.involvement@nhs.net or call 07773 206341.





Have your say!

Upcoming events continued...

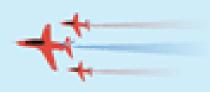
Lincolnshire Partnership Foundation Trust (LPFT) Carers Rights Day - 24th November 10am-2.20pm

Do you help care for a family member or friend or have an interest in the caring role?

Join us on Carers Rights Day for our online event to find out more about carers rights and the support available to carers.

The event will cover a range of topics from 'Who is a Carer?', to financial and benefits support for carers and lived experience carer stories. The full agenda can be found on the **Eventbrite booking page**.

Feel free to join us for the full day or drop by for a particular session you wish to attend. If you are unable to attend the financial and benefits support session or you would like to submit a question ahead of the session, please email Rebecca Morris - r.morris20@nhs.net





Partner activities and events

How can we improve mental health support for Lincolnshire's young people?

Families and professionals are being asked to share their views on emotional wellbeing and mental health services for Lincolnshire's children and young people.

Lincolnshire County Council and Lincolnshire Partnership NHS Foundation Trust are reviewing the services available locally and have launched a survey inviting children and young people, parents, carers and professionals to share their thoughts.

The feedback will be used to transform and improve services, helping children and young people to live independent, safe, healthy and fulfilling lives.

There are three versions of the survey, one for each of the following groups:

- children and young people
- parents and carers
- professionals working with children that live in Lincolnshire

The survey can be found at <u>www.letstalk.lincolnshire.gov.uk</u> and runs from Wednesday 12 October to Sunday 18 December.

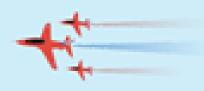
Boston residents have your say - What do you think of your local area?

You are being invited to take part in a short survey to help us understand what you think of your local area and some community activities that you might have noticed recently. As a resident, it is really important we hear your views. The purpose of the survey is to gain an understanding of the impact of the Community Vaccine Champion funded activities and events in relation to the key outcomes including —

- Vaccine uptake
- Awareness of Public Health messaging
- Sense of trust and collaboration
- Other health and wellbeing outcomes

The Department for Levelling Up, Housing and Communities (DLUHC) is a government department that aims to support communities across the UK to thrive, making them great places to live and work. They have asked IFF Research to carry out this research. The survey should only take 10 to 15 minutes to complete, depending on your answers. All responses are confidential, and the results will be reported in a way that does not identify any individuals. To share your views, please click on the link: www.iffresearch.com/ Community/Boston

If you would like further information about the research, please have a look at the privacy notice, which you can view here. Alternatively, you can contact Chloe Allenby on 020 7250 3035 or at cvcevalua-tion@iffresearch.com. If you would like to confirm the authenticity of the research, please contact Jenny Gorbatsevich (<a href="mailto:cvcevalua-cvcev





Partner activities and events continued...

University of Lincoln - Heart Palpitations research

Here in the School of Psychology at the University of Lincoln we are interested in studying the relationship between genetics, heart function and anxiety. We would really appreciate your input in helping us develop our research in this area.

What are we looking for?

Anyone of any age in Lincolnshire who has been referred to a palpitations clinic by their GP.

What will it involve?

Two separate hours of your time to join a group of 4-5 people either at the University or online. We will discuss the research we have found so far and get your input on our current research ideas. You will receive a £20 Amazon voucher for participating in each of the group meetings.

For more information please contact kpennington@lincoln.ac.uk

Cost of Living Crisis – Grant available for voluntary and community groups

Recognising the imperative to offer timely support, panel members of the Bishop of Lincoln's Social Justice Fund have decided to make grants of up to £2,500 available to those smaller not for profit organisations and Anglican churches faced with increased demand for local services, or that have decided to open their doors during the Winter months to help residents stay engaged, keep safe and warm.

The closing date for receipt of completed bids is on 30 November 2022 with decisions notified in mid-January 2023.

To download the Fund Criteria and other documentation, please visit the grants page at www.lincolnshirecf.co.uk

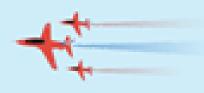
For further information please contact Helen Cater at the Lincolnshire Community Foundation on 01529 305825

International Day at The Sidings Medical Practice

The Sidings Medical Practice warmly invites all patients, families and friends to a free informative and fun filled International Day on Saturday 26th November 11am-3pm.

We will have multi-lingual translators on hand to introduce you to the many free health services available in Boston.

For more information, please see International Day – Saturday 26th November 2022 – Sidings Medical Practice





Covid and Flu Vaccinations

Lincolnshire pop-up vaccination clinics

For further details please visit - Coronavirus (Covid-19) vaccinations in Lincolnshire

Booster Vaccines

If you're eligible, you can pre-book your COVID-19 booster appointment. Book or manage a booster dose of the coronavirus (COVID-19) vaccine at http://ow.ly/LtuE50GLero

Flu Vaccines

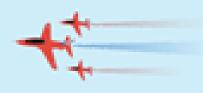
Many adults, most children and all pregnant women are eligible for a free flu vaccine. Find out who is eligible and where you can get the flu vaccine at www.nhs.uk/ wintervaccinations

Get involved with surrounding ICBs

If you live on the border of Lincolnshire, you may access some of your healthcare outside the county

If you want to be involved and have you say regarding health and care services outside of Lincolnshire, follow the below link:

Get involved in health and care services outside of Lincolnshire (icb.nhs.uk)





Hot off the press

NHS in Lincolnshire approaches 200,000th covid autumn booster and urges people not to delay - Lincolnshire ICB

<u>Launch of new Suicide Bereavement Support service in Lincolnshire - Lincolnshire ICB</u>

NHS urges people not to DNA their covid autumn booster appointments - Lincolnshire ICB

ICB Board Meeting | 31st January 2023 - Lincolnshire ICB

Update for registered patients at Spalding GP Surgery - Lincolnshire ICB

<u>Lincolnshire ICB's Living with Cancer team win prestigious award at the 2022 Macmillan Conference - Lincolnshire ICB</u>

Give yourself an early Christmas present and walk-in or book for your covid autumn booster - Lincolnshire ICB

Mental Health Winter Pressures Funding 2022/23Expressions of Interest are now...OPEN! - Lincolnshire ICB

Think Self Care for Life: Think the Pharmacist for expert health advice - Lincolnshire ICB

Being prepared through the colder months can make a real difference to your wellbeing - column by CEO Maz Fosh :: Lincolnshire Community Health Services NHS Trust

Gloria Hunniford launches 'Cuppa for Cancer Care' campaign to promote local cancer treatment - United Lincolnshire Hospitals (ulh.nhs.uk)

Lincolnshire's hospitals to be lit up with Christmas stars - United Lincolnshire Hospitals (ulh.nhs.uk)

<u>Surprise wedding anniversary celebrations with hospital Swan Scheme wedding box - United Lincolnshire</u> Hospitals (ulh.nhs.uk)

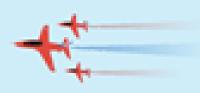
Patient Christmas cards - United Lincolnshire Hospitals (ulh.nhs.uk)

<u>Temporary closure of our male psychiatric intensive care ward in Lincoln to support safe staffing :: Lincoln-shire Partnership NHS Trust (lpft.nhs.uk)</u>

<u>Children's mental health services in Lincolnshire awarded for support to carers :: Lincolnshire Partnership NHS Trust (lpft.nhs.uk)</u>

LPFT volunteers have 30 years of selflessness recognised :: Lincolnshire Partnership NHS Trust

Book your place at our Carers Rights Day virtual event! :: Lincolnshire Partnership NHS Trust (lpft.nhs.uk)





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