

Safeguarding Forum

June 2025

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Lincolnshire ICB

Lincolnshire ICB Safeguarding Team

Specialist safeguarding support
for Lincolnshire ICB and Primary Care

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(checked daily Mon-Fri)

www.lincolnshire.icb.nhs.uk

The team is made up of the Named and Designated Professionals in Safeguarding and Safeguarding Specialists for children and adults

AIMS & OBJECTIVES

1. General updates
2. ICON
3. RCGP Safeguarding Standards
4. Questions and/or cases

NHS SAFEGUARDING GUIDE

- [Safeguarding - NHS Safeguarding](https://safeguarding-guide.nhs.uk)
- Add as an app..... Or bookmark the page

The screenshot shows the NHS Safeguarding Guide website in a browser. The URL bar displays <https://safeguarding-guide.nhs.uk>. The page content includes the NHS logo, a search bar, and several navigation cards: 'Raising concerns', 'Types of abuse, exploitation and neglect', 'Safeguarding commissioning assurance in the NHS', 'The context of NHS safeguarding', 'Multiagency safeguarding arrangements', and 'Contacts'. The browser's menu is open, and the 'Apps' option is selected, showing a sub-menu with 'Open in Safeguarding - NHS Safeguarding...' and 'View apps'. A red circle highlights the 'Open in Safeguarding...' option, and a red arrow points to it from the right. Another red arrow points to the three-dot menu icon in the browser's address bar. A red arrow also points to the 'Install this site as an app' text on the right side of the image.

MAY 2025

UPDATED: GUIDANCE TO PRIMARY CARE ABOUT UNREGULATED PROVIDERS WHO SUPPLY HORMONE MEDICATIONS TO CHILDREN AND YOUNG PEOPLE FOR GENDER INCONGRUENCE

This guidance document advises General Practitioners against shared care agreements with unregulated providers in relation to hormone medication to children and young people under 18 as a response to gender incongruence / gender dysphoria.

A GP **must refuse** to support the private prescribing or supply of GnRH analogues when used for the purpose of puberty suppression unless the course of treatment concerned began before 3rd June 2024.

A GP **should refuse** to support an unregulated provider in the prescribing or supply of alternative medications that may be used to suppress pubertal development.

A GP **should refuse** to support an unregulated provider in the prescribing of exogenous hormones.

A GP should always be prepared to refer their patient for an appropriate non-routine investigation under an NHS contract where there is a concern that the child or young person may come to harm as an outcome of a medication from unregulated sources.

In all cases, safeguarding measures should be considered where the administration of a medicine from an unregulated source presents an immediate safety risk.

ICON



ICON ABUSIVE HEAD TRAUMA PREVENTION CAMPAIGN

- Coping with a crying baby can be very stressful for parents.
- Serious Case Reviews show that crying is the main trigger for babies being shaken.
- Research has shown that public health campaigns educating new parents and caregivers in coping with their baby's crying can reduce rates of abusive head trauma by up to 75%.

ICON

Babies Cry, You Can Cope!

I

Infant crying is normal and it will stop!
Babies start to cry more frequently from around 2 weeks of age.
The crying may get more frequent and last longer.
After about 8 weeks of age babies start to cry less each week.


C

Comfort methods can sometimes soothe the baby and the crying will stop.
Think about are they:

- hungry
- tired
- in need of a nappy change

Try simple calming techniques such as singing to the baby or going for a walk.



It's  ok to walk away if you have checked the baby is safe and the crying is getting to you.
After a few minutes when you are feeling calm, go back and check on the baby.

N

Never, ever shake or hurt a baby.
It can cause lasting brain damage or death.
If you are worried that your baby is unwell contact your GP or call NHS 111.

Speak to someone if you need support such as your family, friends, Midwife, Health Visitor or GP.

Other Details... Exact date & time Tue 16 May 2023 09:51

Changing the consultation date will affect all other data entered. To avoid this, cancel and press the 'Next' button [Hide Warning](#)

Consultation Notes Resources

6-8 Week Postnatal Maternity Check



Assessment ★ 6 week postnatal maternity examination

Blood pressure

Gestational DM

Mental health

Mood

Support & coping

Smoking

Alcohol

Feeding

Findings

Birth Summary

BP Hypertension

Gestational Diabetes

Mood Scores

Depression

Social Services

Smoking cessation

Alcohol Screening

Temp C

BP mmHg

HR b...

Weight Kg

Chaperone

None

Sepsis Vitals

DVT PE

Mastitis PID

Impression

Management Plan

Pelvic floor exercise advice

Advice on cervical screening

Contraceptive advice given

Advice on normal lochia pattern and if abnormal, to seek review

Advice on feeding, safe sleeping, bonding, mental & physical support

Provision of information about infant crying / ICON

C-Section recovery advice on lifting, driving, exercise, sex

MMR status

DV + Safeguarding

Leaflets: Women's ...

Cervical Screening ...

Contraception

Resources

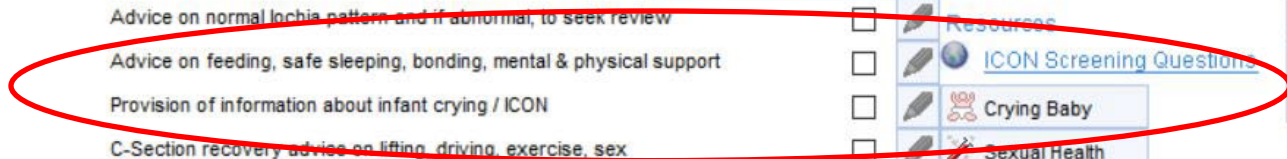
ICON Screening Questions

Crying Baby

Sexual Health

MMR Catch-Up Imms

HARKS



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Other Details... Exact date & time Tue 16 May 2023 09:51

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Consultation Resources

Crying Baby



Assessment

Seen with Missed Appointment Remote Assessment

History

Examination

Safeguarding Risk Assessment Safeguarding

Impression

Crying - no concern of underlying cause

Crying - concern of possible underlying cause

Management

Plan

Leaflet given Resources

Advice that crying is normal & will stop but can be upsetting & frustrating Is normal

Advice to identify reasons (hungry, tired, nappy) & use comforting techniques Comfort methods

Advice to put baby in safe place for few mins & walk away to calm down if needed Ok to walk away

Advice to never handle baby roughly, shake or shout Never shake/hurt

Advice to speak to GP or 111 if concerned there is something wrong

Advice given about safe sleeping and co-sleeping

Further investigation required to identify & manage possible cause

Safeguarding

Date Selection ...

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Show recordings from other templates

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Changing the consultation date will affect all other data entered. To avoid this, cancel and press the 'Next' button [Hide Warning](#)

Consultation Resources

Resources



Patient

For further information about crying babies, please see:

- <https://iconcope.org/>
- <https://iconcope.org/wp-content/uploads/2020/07/ICON-Comfort-Infographic.pdf>
- <https://www.iconcope.org/wp-content/uploads/2019/10/NHS-PCCG-ICON-LEAFLET.pdf>
- <https://iconcope.org/parentsadvice/>
- <https://www.nhs.uk/conditions/baby/caring-for-a-newborn/soothing-a-crying-baby/what0-18.nhs.uk/professionals/gp-primary-care-staff/safety-netting-documents-parents/crying-baby>

Leaflet given **Send Message** To send, highlight text > Copy Ctrl+C > Click Send Message > Paste Ctrl+V

Mental Wellbeing Leaflet

Professional

Safeguarding

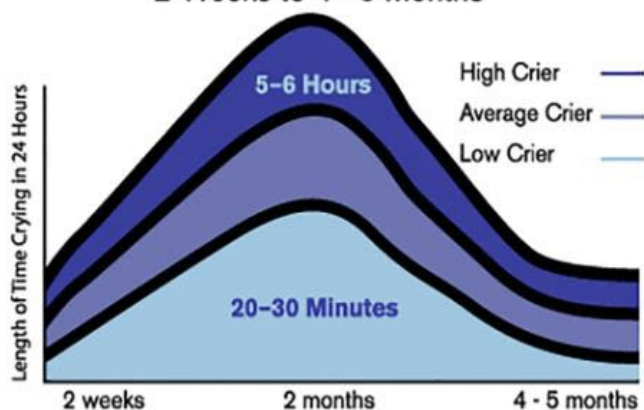
Date	Selection	...
No previous values		

Show recordings from other templates
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PARENTS ADVICE

This page contains information that you or parents you know may find useful. Please feel free to share, download and use the content on this page.

Curves of Early Infant Crying 2 Weeks to 4 - 5 Months



- Infant crying is normal and it will stop! Babies start to cry more frequently from around 2 weeks of age. Click on this LINK to read more about infant crying.
- Comfort methods can sometimes soothe the baby and the crying will stop. Is the baby hungry, tired or in need of a nappy change? Click on this LINK to download some comfort techniques.
- It's okay to walk away if you have checked the baby is safe and the crying is getting to you. After a few minutes when you are feeling calm, go back and check on the baby.
- Never, ever shake or hurt a baby. It can cause lasting brain damage and death.

Looking for more advice? Download our infographics.



I is for Infant Crying is Normal

Babies cry for many reasons. They are hardwired to cry whenever they need a parent to help them out because their brains have yet to develop the circuits that allow for self-control or understanding. Crying is meant to be upsetting for a parent, that is Nature's way of making sure they pay attention fairly promptly. A cry might signal many things: discomfort and startle are common examples. Sometimes...



Comfort methods can sometimes soothe the baby and the crying will stop.

Babies can cry for different reasons like when they are hungry, wet/dirty or if they are unwell. Sometimes babies can cry for no particular reason.

OPERATION ENCOMPASS

- Operation Encompass is a charitable organisation set up in 2011, which has since enabled effective interventions to many thousands of children who've experienced domestic abuse, [Home : Operation Encompass](#) It is a police and education early information safeguarding partnership enabling schools to offer immediate support to children experiencing domestic abuse. Within Lincolnshire this has now been expanded to include early years settings and the Health Visiting Service for children aged 0-5 years. As part of this process, information will now be shared on Systmone and visible for Primary Care.
- When police attend an incident of domestic abuse where children are present, an automatic email alert to educational settings and children's health is triggered. The police will share ALL incidents of domestic abuse with the local authority. The police will conduct a welfare check on the children present including any children that are in the address but do not live there (e.g. sleepovers etc). All safeguarding concerns identified at the time of the incident will be referred to the local authority by the attending officer

Process for notification received

Automated email from the police received by Children's Health

Email attached to SystemOne Child record. Operation Encompass Template completed by Children's Health. 3 or more notifications in a 9-month rolling period will trigger a risk assessment by Children's health. **NB** this may **NOT** result in a home visit and will be dependent on the risk assessment

Automatic task sent to GP via SystemOne sharing Operation Encompass notification information

DO:

- Consider this information in the context of the patient(s) and family (Think family)
- Consider adding a safeguarding flag to the child(ren)s record
- Consider if further action is required based on information received (eg. Contact non-perpetrator parent to discuss or offer DA support)
- Consider marking the entry not visible to online access

DO NOT:

- Ignore the information
- Contact the perpetrator or add information to their record as this may increase risk
- Automatically send a new referral to CSC (A referral will have been made to CSC by police at the time of initial incident if required)

RCGP Safeguarding Standards

- New safeguarding professional standards for UK general practice, covering GPs and anyone working in **any** general practice setting in the UK
- Launched in October 2024
- A move away from the Intercollegiate documents for adults and children
- Provides a comprehensive set of safeguarding resources for practices

CHANGE!

- Previous Intercollegiate guidance:

Safeguarding Children
and Young People:
Roles and Competencies
for Healthcare Staff

Fourth edition: January 2019

INTERCOLLEGIATE DOCUMENT

**Adult Safeguarding:
Roles and Competencies
for Health Care Staff**

Second Edition

CLINICAL PROFESSIONAL RESOURCE

- New RCGP guidance:

**RCGP safeguarding
standards for general
practice**



Royal College of
General Practitioners

Aims

Safeguarding
to be seen as
part of holistic
care

Take into account the impact of
safeguarding on those already
working under significant
pressure in general practice

Acknowledge the
distinct expertise and
experience that GPs and
general practice staff
have

Empower and enable our
general practice
workforce to be
competent and confident
in safeguarding children
and adults

What has changed?

- Children and adult safeguarding brought together – ‘A whole life course document’, including Children in Care/Children Looked After
- Training requirements
 - No longer based on hours of learning at each level
 - Focus is now on adult learning principles of competence and capability
- Learning events should include **reflection** to demonstrate impact on practice
- Adult and child safeguarding knowledge and capabilities equally needed, **even if the staff member only works with adults.**

RCGP Safeguarding Standards

[RCGP safeguarding hub](#) contains materials and resources to help adopt the Standards and develop practice:

- Safeguarding toolkit
- 3 e-learning modules – ‘core safeguarding in general practice (Level 3)’
 - Free for members*
- Knowledge and capabilities
- Key questions in safeguarding
- Levels of training
- RCGP structured templates for reflection

**RCGP safeguarding standards
for general practice** ^

Joint statement from the RCGP, RCN, and
RCPCH

Introduction to the standards

GMC standards

Aim of the RCGP safeguarding standards

The role of GPs and general practice in
safeguarding

Impact of safeguarding on the wellbeing of
GPs and staff

A note for employers

Level 4 and 5 safeguarding training

Safeguarding training for roles outside of
general practice

Summary of safeguarding
knowledge and capabilities v

Q Search this area

RCGP safeguarding standards for general practice

Publication date: 01 October 2024

GPs, and all who work in general practice, play a crucial role in the safeguarding of our patients as part of our day-to-day work. Being there to support our patients, their families and carers, is both a great responsibility and a privilege. We can be powerful advocates for our most vulnerable patients, and the safeguarding of those patients should be a routine part of our ongoing holistic care.

We have created these safeguarding standards for GPs and anyone working in any general practice

Renew



SAFEGUARDING TOOLKIT

Identifies five key areas of **capabilities and responsibilities**:

Part 1: Professional safeguarding responsibilities

Part 2: Identification of abuse and neglect

Part 3: Responding to abuse and neglect

Part 4: Documenting safeguarding concerns and information

Part 5: Information sharing and multi-agency working

WHAT DOES LEVEL 3 TRAINING LOOK LIKE?

Annually: Level 3 safeguarding update

Level 3 safeguarding updates should be aligned to the RCGP safeguarding standards for general practice and could include:

- topics across the breadth of the five key areas of the safeguarding standards
- child and adult safeguarding, including topics which apply to both e.g. transitional safeguarding and domestic abuse
- practical applications to general practice such as the use of case-based learning
- relevant learning from any local or national safeguarding reviews
- multi-agency and multi-disciplinary safeguarding learning
- relevant safeguarding updates
- role-specific safeguarding training and updates

Updates could be face-to-face or virtual. It could include watching a recorded update.

WHAT DOES LEVEL 3 TRAINING LOOK LIKE?

Annually: Engage in safeguarding learning and reflection

Safeguarding learning and reflection should, over time (for example over a revalidation cycle), be across the breadth of the five areas of knowledge and capabilities in the RCGP safeguarding standards.

- This could be demonstrated through the use of the RCGP Safeguarding Reflective Practice - Structured Template and the RCGP Safeguarding Case Review - Structured Template. These completed templates could also support appraisal and revalidation.
- Practitioners should cover both children and adult safeguarding in their learning and reflection, including practitioners who only work with adults.

EXAMPLES OF LEARNING AND REFLECTION

- Case based discussion
- Practice safeguarding meetings with reflection on learning and impact on practice
- Documenting concerns and how concerns are dealt with
- Examples of information sharing or multi-agency working with reflection
- Attendance at GP safeguarding forums, attending updates, online learning/reading or watching documentaries/videos with reflection
- Safeguarding quality improvement activities (like implementing the Standards)
- Participation in statutory safeguarding learning reviews and reflecting on these
- Attending training sessions face to face or via MS Teams

GP PRACTICE OR ORGANISATIONAL SAFEGUARDING LEADS

Annually: Safeguarding update

This can include:

- Relevant local safeguarding courses/updates provided by safeguarding boards/partnerships, primary care safeguarding teams such as Named GPs/Nurses, ICBs, health authorities/boards
- Relevant safeguarding updates/courses provided by national bodies

Annually: Safeguarding forums

- Demonstrate regular attendance at local practice safeguarding lead forums (if available in the locality)

Annually: Reflection and Learning

- Demonstrate examples of reflection/learning aligned with role specific knowledges and capabilities
- Can include caser review, SEA, supporting a colleague, advice/guidance to colleague, liaison with other SG professionals about a case, learning from SG forums

APPRAISAL

- No more certificates of hours spent, BUT
- **Reflection is key**
- Use templates on RCGP website for
 - case-based review and annual review
 - CQC evidence
 - GP appraisal
 - internal practice staff appraisals by practice managers

RCGP Safeguarding Reflective Practice - Structured Template

The RCGP Safeguarding Standards published in 2024, sets out the safeguarding knowledge and capabilities as well as safeguarding training requirements for anyone working in a general practice setting in the UK and/or working as a GP in any setting.

This safeguarding reflective practice structured template can be completed annually to demonstrate safeguarding reflection and learning across the breadth of all the areas of safeguarding knowledge and capabilities.

Name of professional
Date of completion
Describe how safeguarding works in your work environment
Describe your role in this (e.g. as lead, a general clinician etc.)
Have these changed in the last year? If so, how?
Describe your safeguarding CPD activities, quality improvement activities and significant events that you have undertaken or been involved with in the past year
DEMONSTRATION OF REFLECTION AND LEARNING ACROSS THE BREADTH OF AREAS OF SAFEGUARDING KNOWLEDGE AND CAPABILITIES
<ol style="list-style-type: none">1. Professional safeguarding responsibilities2. Identification of abuse and neglect3. Responding to abuse and neglect4. Documenting safeguarding concerns and information5. Information sharing and multiagency working
Looking at your last review's development themes/objectives in relation to safeguarding, to what extent did you get to fulfil these?
In relation to safeguarding, what do you consider you did well in the last year?
What difficulties/barriers have you come across with regards to safeguarding in the past year?
Personal development themes in relation to safeguarding



Microsoft Word
Document

RCGP Safeguarding Case Review - Structured Template

The RCGP Safeguarding Standards, published in 2024, sets out the safeguarding knowledge and capabilities as well as safeguarding training requirements for anyone working in a general practice setting in the UK and/or working as a GP in any setting.

This safeguarding case review structured template can be completed annually to demonstrate safeguarding reflection and learning across the breadth of all the areas of safeguarding knowledge and capabilities.

Name of professional
Date of completion
Date of case
Anonymised identifier for clinician (if appropriate/needed)
Summary of case
What went well?
What would you do differently next time?
Actions/learning that you have identified/undertaken as a result of this case



Microsoft Word
Document

WHAT ABOUT CQC?

- CQC was involved in the development of the RCGP Safeguarding Standards, **although their website and mythbusters have yet to be updated to reflect this: inspectors may still refer to the Intercollegiate Guidelines....**
- CQC covers England only and the RCGP covers the UK
- CQC regulates organisations, not individuals
- **Should no longer ask for certificates BUT you will need to evidence learning, reflection and quality improvement**

WHAT NEXT?

- Have a look at the RCGP Safeguarding Standards and toolkit
- Think about how you will:
 - Approach the guidance on annual training
 - Record learning and reflection to meet your practice training requirements
 - Demonstrate quality improvement in safeguarding for CQC
- The ICB Safeguarding Team will continue to offer Level 3 safeguarding training via MS TEAMS which covers all aspects of the RCGP Safeguarding Standards
- This can be done every 3 years, along with annual updates via Forums/webinars and reflective practice



Any Questions?



Lincolnshire
Integrated Care Board

Thank you

