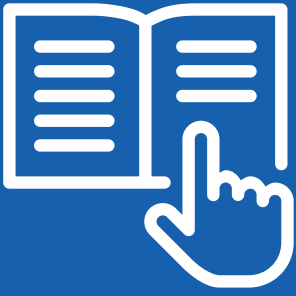
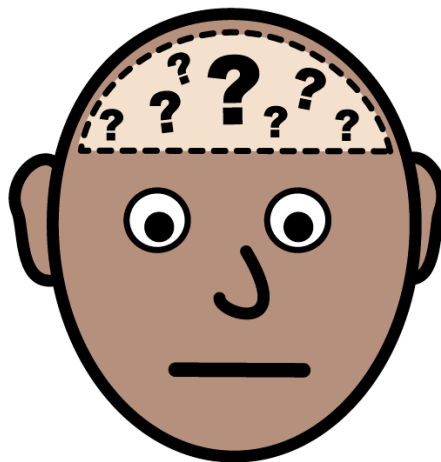


Easy Read

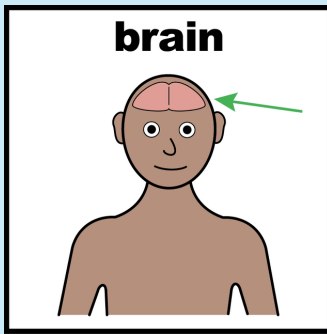


Lincolnshire Dementia Strategy 2025–2030

dementia



What is dementia?



Dementia affects the brain.



It can cause memory loss, confusion, and problems with thinking and communication.

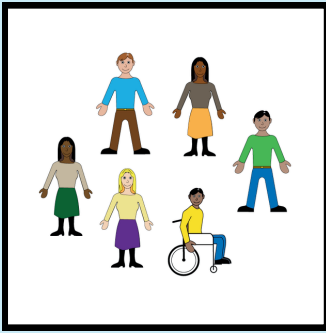


It gets worse over time.



It can affect anyone, not just older people.

Why this strategy matters



More people in Lincolnshire are living with dementia.



People told us they want:

- Earlier diagnosis
- Better support for families and carers
- Clear information and advice



We want people to live well with dementia for as long as possible.

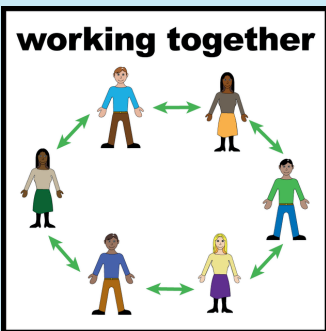
Our vision (what we want to achieve)

help



People to get help early.

working together



Services to work together.

**respect and
dignity**



People to be treated with dignity and respect.

about me



Support to focus on the person, not just the condition.

Our main priorities



Prevent dementia where possible

- Help people stay healthy
- Share advice on:
 - Exercise
 - Healthy eating
 - Staying mentally active
- Support people at risk



Diagnose dementia earlier

- Help people recognise symptoms sooner
- Reduce waiting times for diagnosis
- Give clear information and support after diagnosis



Support people and carers

- Provide joined-up health and care services
- Offer practical and emotional support
- Help carers with:
 - Advice
 - Breaks (respite)
 - Financial support

Our main priorities

live on my own



Help people live well

- Support people to stay at home safely
- Build dementia-friendly communities
- Help people stay active and connected

respect



End of life care

- People should:
 - Be treated with kindness and dignity
 - Be cared for in the place they choose
 - Have their wishes respected

How we will do this



NHS, councils, and community groups will work together.



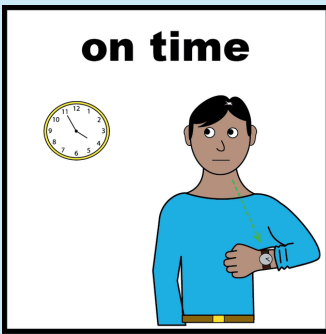
We will listen to people with lived experience.



We will improve services over the next 5 years.

What this means for you

on time



Better awareness of dementia.

**talking and
listening**



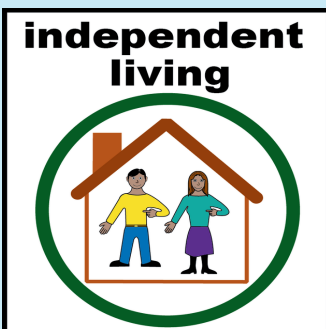
Faster diagnosis and support.

family care



More help for families and carers.

**independent
living**



People supported to live independently for longer.