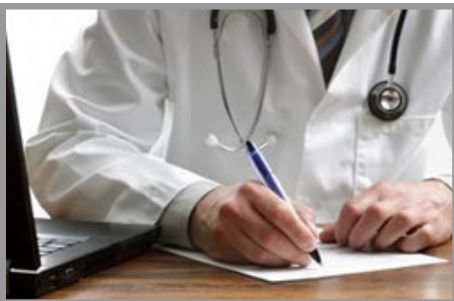


Lincolnshire Care Record

Improving the way we use your health and care information



We are improving the way your information is shared between health and care workers so we can give you better care.



All health and care staff will keep records about their work with you.



Sometimes these records are on paper, sometimes they are on a computer.



This information helps to make sure doctors and nurses can provide you with the best care.



Lincolnshire health and care organisations have come together to use a new system.



This new system makes it easier to share your health information.

The New System is called Lincolnshire Care Record

It will provide information about you that is kept on our computers like:



- Your **X-rays**
- Appointments



- Test results



- Medication



- Things you are **allergic** to
- Care plans



An **X-ray** is a photo of the inside of your body.



Allergic is when you get a rash or sneeze or feel itchy around something.

Why do we need a shared Care Record?



At the moment not all health and care professionals see all the same health information.



This means they have to ask the same questions all over again and don't always have the latest information about your health.



Sometimes, it means tests have to be done again. This wastes time and money.



It can delay the start of important medical treatment.

What does the Care Record mean for me?



Health Workers can check your X- rays and test results on the computer quickly. This means your treatment can start sooner.



If you have a long term health problem you might see lots of different health and care workers. The Care Record means they can work together better for you.



If you are seriously ill you might not be able to tell the doctors what medicine you take. The Care Record lets them see your health records and can make the right treatment quicker.



Health and care workers in the community will be kept up to date.

How will my information be kept safe?



We must make sure your information is kept safe and confidential.



Only the staff involved in your care will be able to see your notes.



Health and care workers will ask your permission to look at your records on the Care Record when they need to see them.



We will be able to see who has looked at your records.



The Care Record is a safe system – it isn't on the internet or "the cloud".



We will never share the Lincolnshire Care Record with anyone other than NHS staff unless you ask us to.

What do I need to do now?



You have to decide if you want your health and care records to be in the Lincolnshire Care Record.

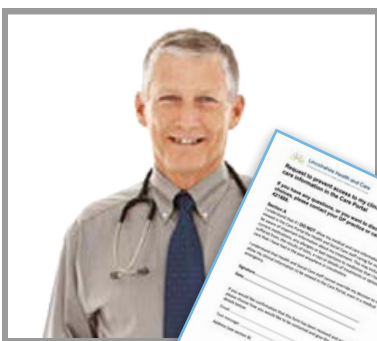


If you want your records to be included you don't need to do anything.

You can change your mind at any time.



If you don't want your health records to be on the Care Record you need to fill in an "opt out" form.



Opt out forms are available:

- From your GP



Remember, this means that the people caring for you might not know important health information that could affect your treatment.



Health Workers cannot change your decision, even in an emergency.



The Summary Care Records of people who said no in 2011 will not automatically go onto the Care Record. But other health and care records will go on.



If you have changed your mind on this, please speak to your GP.

For more information



If you need more information please look at the website:

lincolnshire.icb.nhs.uk/carerecord



You can see a [short video](#) that shows the difference the Lincolnshire Care Record will make.



or contact us at:

licb.stpdigital@nhs.net



Telephone: 01522 421888