

Living With Cancer Strategy for Lincolnshire

2021 – 2023

October 2021

Executive Summary

Background

There are currently 2.5 million people in the UK living with cancer; this is expected to rise to 5.3 million by 2040¹. Cancer survival is at its highest ever, with significant improvements made in the last 15 years, and people are now twice as likely to survive at least 10 years after being diagnosed with cancer as they were at the start of the 1970s².

In Lincolnshire alone, with our ageing population and with these improvements in diagnosis, treatment and aftercare there are currently over 32,000³ people living with cancer and this is expected to rise to 45400 by 2030.

The Lincolnshire Living with Cancer programme aims to change and improve the experience of people living with cancer in the county.

Our aim:

‘We will develop person-centred, local support for people living with cancer, their carers and significant others in Lincolnshire’

¹ Macmillan Cancer Support 2018

² Cancer: Then and Now. Diagnosis, treatment and aftercare from 1970 – 2016. Macmillan Cancer Support August 2016

³ 32,128 Cancer Register figures submitted in the QOF March 2021 return.

Our objectives are that by May 2023, we will:

- develop end to end integrated support pathways across the statutory and voluntary sectors which will improve outcomes and support people living with and beyond cancer.
- ensure people living with cancer are active participants in supported self- management.
- ensure people delivering health and social care, work in partnership to facilitate supported self- management.
- support the roll out and access to personalised care and personalised follow up pathways of care and support for all people living with and beyond cancer.
- develop a tested and flexible service delivery model for Lincolnshire.
- support a partnership across all stakeholders to transform cancer care into a whole systems approach which becomes everyday business.
- ensure the programme is co-designed with patients, the public and stakeholders.
- ensure the programme is fully evaluated to measure the impact and outcomes on the experience of people living with cancer, and the workforce, and recommendations for future evaluation and measurement of the programme are delivered.
- ensure there are the right people in the right place with the right skills to provide timely support for people living with cancer across the county.
- ensure the programme aligns and integrates with other strategic, organisational and operational developments locally.
- ensure people living with and beyond cancer experience seamless and co-ordinated pathways of support.

What have we done so far?

We have restored and recovered the programme after the Covid pandemic and secured funding for the programme until March 2023. We have developed a programme framework to deliver the programme across the Lincolnshire system and recruited a 'new' Living with Cancer team.

What are we going to do next?

We will continue to place people at the centre of everything we do and support the Cancer Co-production Groups and Cancer Patient Panel. We will continue to roll out holistic needs assessments, treatment summaries, cancer care reviews and access to health and wellbeing interventions, and personalised follow up pathways in acute care and community for breast, prostate, colorectal, endometrial, lymphoma and skin cancers. We will develop a Triage/Navigate/Refer/Record model which can be used consistently by different staff groups and at different points on cancer pathways. We will develop a 'delivery arm' of the Living with Cancer programme by collaborating with other services and organisations and using existing 'assets', and ensure that we use the evidence we

collect to ensure that there is equity across the county. We will explore how to enhance psychological and emotional support and access to physical activity and fatigue management for people living with cancer as these have been highlighted as areas of major concern for people. We will continue to work with Primary Care Networks and Neighbourhood Working teams to make sure we make best use of the services we already have. We will implement our Digital and workforce development plans. We will work towards making the programme 'business as usual' and secure sustainable funding by March 2023.

When are we going to do it by?

We aim to integrate the Living with Cancer programme with the Lincolnshire Integrated Care System by 2023, so that we can carry on developing personalised care and support for people living with cancer in the future, in collaboration with other programmes and organisations in the county.

Who is going to do it?

The Living with Cancer programme team will work with other teams, programmes and organisations across the county and in different sectors to make sure that all our assets are used in the best way and are joined up, and the right people are in the right place at the right time to support people in a way that is right for them.

Where are we going to do it?

We are going to do this right across the geography of Lincolnshire and across different organisations in all sectors. We will also work with colleagues in different areas to ensure that their patients who live in Lincolnshire are able to access the support they offer, as well as support closer to home.

What will success look like?

We will use both quantitative data and qualitative data to evidence our work, and evaluate the success of the programme in 2023.