



**Lincolnshire**  
**Integrated Care Board**

**Lincolnshire Integrated Care Board**

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12 March 2024

**FREEDOM OF INFORMATION – DECISION NOTICE**

Dear Requester

**FOI Reference Number:** 72589

I refer to your email of 21 February 2024 requesting information in relation to sleep disorders.

I can confirm on behalf of NHS Lincolnshire Integrated Care Board (ICB) and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do hold some of the information that you have requested. Please see further details below:

**I write to ask for some information under the Freedom of Information Act.**

**Q1) What specialist NHS referral services are provided for people suffering from sleep disorders (such as sleep apnoea, narcolepsy, insomnia)?**

United Lincolnshire Hospitals NHS Trust (ULHT) provides a two site sleep disorder service linked to Ear, Nose and Throat (ENT) at Pilgrim Hospital Boston and the respiratory service at Lincoln County Hospital. Other Providers of sleep services include Cambridge University Hospitals NHS Foundation Trust and Sheffield Children's NHS Foundation Trust.

**Q2) For each of the last five calendar years (2019, 2020, 2021, 2022, 2023) how many adults were referred to these specialist clinics? What were the five most common conditions that were being treated?**

We hold information on the referrals for the Boston element of the service which is detailed in the attached file, but the Lincoln service is part of the wider respiratory service and the ICB does not hold this level of detail. I would recommend you contact [Cambridge University Hospitals NHS Foundation Trust](#) and [Sheffield Children's NHS Foundation Trust](#) directly for the information you require.

**Q3) For each of the last five calendar years (2019, 2020, 2021, 2022, 2023) how many children were referred to these specialist clinics? What were the five most common conditions that were being treated?**

In county services commissioned are predominantly adult services. Please see the

breakdown of adult/child split for the Boston service included in the attached dataset. Children can also access services at Sheffield Children's Hospital. I would recommend you contact [Cambridge University Hospitals NHS Foundation Trust](#) and [Sheffield Children's NHS Foundation Trust](#) directly for the information you require.

**Q4) How many adults and children needed inpatient care for sleep disorders and what was the average stay?**

This information is not held by the ICB

**Q5) What was the budget allocated each year for specialist sleep treatment centres?**

Funding is included within the main contract for acute services with ULHT and forms part of the fixed element of the contract. The ICB is unable to separate out the costs for specialist treatment centres as this forms part of a block contract.

**Q6) For all of the above please provide a regional/localised breakdown where possible, as well as gender and age group.**

The data available has been broken down in the attached spreadsheet by gender and adult/child.

I hope that this answers your queries with the information we currently hold, but if I can be of any further assistance please do not hesitate to contact me.

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to

Arden & GEM Greater East Midlands Commissioning Support Unit  
FOI TEAM/Corporate Communications Team  
1<sup>st</sup> Floor, St John's House  
East Street  
Leicester  
LE1 6NB

If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided the ICB.

The Information Commissioner can be contacted at: telephone 0303 123 1113, email [icocasework@ico.org.uk](mailto:icocasework@ico.org.uk) and <https://ico.org.uk/global/contact-us/>

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Yours faithfully

Lindsay Parker  
Senior Freedom of Information Officer

***On behalf of***  
***NHS Lincolnshire ICB***