

Keep Medicines Safe at Home

Your Medicine. Your Responsibility.



Medications are personal what works for you could harm someone else.

Don't share your medicine even if you think it might help someone.

Keep tablets out of sight and reach especially around children and visitors.

Return unused or expired medications to your pharmacy for safe disposal.

Have the conversation: explain to teens, kids, and older relatives why medicine safety matters.

Don't wait for symptoms to show some effects can be delayed but still dangerous.

If you suspect that someone has taken medication not prescribed to them:

- Stay calm but act quickly.
- Call 999 for an ambulance or go to your nearest A&E department if the person is unconscious, having trouble breathing, or acting erratically.
- Contact NHS 111 or visit www.111.nhs.uk for guidance if the person is conscious and stable.
- Give all available details - the medication taken, how much, and when.

For more information

