

THE HEALTH AND CARE INNOVATION EXPEDITION

A multi-faceted and multi-disciplinary approach to developing innovation in health and social care

The University of Lincoln and the Lincolnshire Allied Health Professionals Research and Innovation Network wanted to work together to solve real issues in frontline health and social care. We engaged with The [Health Innovation Expedition](#) as a vehicle to help achieve this goal. The Health Innovation Expedition is a course that takes participants through the journey of innovation in health and social care using team projects and case studies over three days. As well as creating novel and workable solutions to real clinical unmet need, the outcomes from the course far outweighed expectation. Participants found that working with other professionals from different organisations and specialties, as well as experiencing innovation development, allowed for exponential learning that can be applied to their own practice. For some video feedback about participants' experiences, please click the relevant link here:



UNIVERSITY OF LINCOLN
Innovation Expeditions
New Ideas in Health

[Dr Fabian Seymour](#) and Kirsten Guy

- The Participants
- The Audience
- Dragon
- Industry

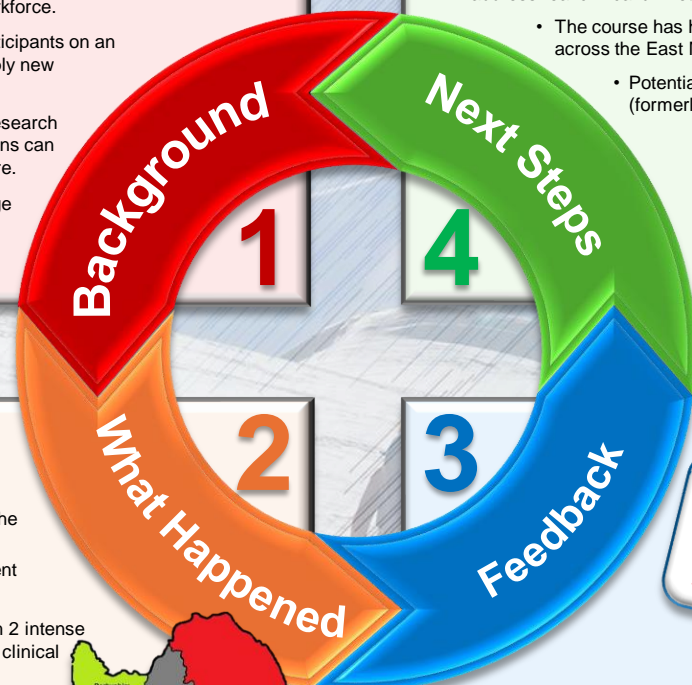
1 Background

- Health and social care needs people with research and innovation skills. It is vital for the continued improvements that we strive for, for our patients and staff. The process is unfamiliar to many and there is a vast gap of knowledge and expertise amongst our workforce.
- The **Health and Care Innovation Expedition** course takes participants on an interactive and real innovation development journey. Teams apply new knowledge and techniques to real clinical unmet scenarios.
- Bringing together the experience and knowledge of University research with frontline NHS and social care colleagues, real viable solutions can be created to urgent and widespread problems in health and care.
- The course empowers people to make a case for positive change within their service or organisation.



2 What Happened

- Nurses, Midwives, AHPs, Health Scientists and Pharmacist from across the East Midlands applied for a place on the course. 38 applications received. 27 colleagues started and 26 completed the course.
- Colleagues represented 9 different professions across 12 different organisations from across the whole of the East Midlands.
- Dr Fabian Seymour (course director) lead the attendees through 2 intense days of learning and applying innovation theory to pre-prepared clinical scenarios, recognising areas of unmet clinical need.
- On day 3 the attendees pitched their ideas to a panel of "Dragons" in a Dragons Den style presentation.
- The Dragons and audience consisted of line managers, health and care colleagues; providers and commissioners, and industry representatives.



4 Next Steps

- Teams are pursuing the development of the innovations they created during the course to address real clinical unmet need.
- The course has highlighted a training need and an appetite for innovation training across the East Midlands. 15 people are on a waiting list for future courses.
- Potential collaboration with the East Midlands Health Innovation Network (formerly the East Midlands Academic Health Science Network) to:
 - Establish an Innovation Champion Network across the East Midlands
 - Support and fund future courses and provide course alumni with innovation support at Trust level
 - Direct the course alumni through the Innovation Academy and further nationally recognised courses via the EMHIN

3 Feedback

It was such an insightful course. I learnt more than I had hoped and will definitely take some key principles and apply them into my practice.

The course totally exceeded my expectation, it was inspirational motivational and challenging, however, enabled development of knowledge and skills related to innovation.

I am now one of the champions of innovation within my organisations

Get involved and put your ideas out there, learn to pitch and be clear about what the value you are offering is.

The course was insightful and creative, I really enjoyed taking part. Alongside innovation, I feel I also have expanded my knowledge of management and funding within the NHS, which is beneficial to be aware of. I would recommend anyone to access this course.