free health check for over 14's

get checked out

- do you have a learning disability?
- are you over the age of 14?

GP Surgery

ask for a **free** learning disability health check at your local GP practice
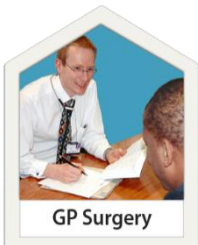
eat well   be active   stay well   check ups

what can you do?

visit your GP for a free health check for people with a learning disability

when you visit your GP take this leaflet to help you to ask about a health check

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